

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 071

Total Responses: 62

1. Check one that describes you:	Yes	No	N/R
Pregnant	19	33	10
A parent/caretaker of a baby under 6 months	23	31	8
A parent/caretaker of a baby 6 months to 1 year	15	37	10
Breastfeeding (at least 1 time in 24 hours)	12	39	11
A parent/caretaker of a child over 1 year old	31	23	8
The dad, grandparent, caretaker of a child on WIC	11	39	12
The mom of a child on WIC	51	8	3
I am 18 years or younger	11	43	8

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	18	15	25	4
Getting children to eat healthy foods	5	2	55	0
Quick healthy meals	3	6	50	3
Eating a healthy diet after pregnancy	8	4	47	3
Saving money at the grocery store	6	6	47	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	6	20	34	2
Discussion only	24	20	10	8
Food demonstration/taste test	9	20	27	6
On the internet	22	12	21	7
Reading on my own	19	20	17	6
Learning activities	4	20	34	4

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4. What is the highest level of school you completed?	Total
6th grade or less	8
7th to 9th grade	10
10th to 12th grade	15
High School graduate	11
Some College / Current Student	8
College Graduate	9
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	26	34	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	18	42	2
Cable TV	37	24	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	7
2 times a week	7
3 times a week	6
4 or more times a week	21
No response	21

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	14	10	34	4
Exercise during of after pregnancy	15	7	37	3
Stretching	10	19	26	7
Exercising more myself	7	9	40	6
Getting my children to exercise more	14	13	28	7
Back health	11	13	33	5

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ENGLISH

Raising children to eat healthy; trans-fats and hydrogenated oils
making babyfood
postpartum

SPANISH

cuidado de niños adolescentes
Como tratar con niños reveldes, a comer comida sana.

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 073

Total Responses: 91

1. Check one that describes you:	Yes	No	N/R
Pregnant	18	70	3
A parent/caretaker of a baby under 6 months	23	63	5
A parent/caretaker of a baby 6 months to 1 year	26	62	3
Breastfeeding (at least 1 time in 24 hours)	11	76	4
A parent/caretaker of a child over 1 year old	50	37	4
The dad, grandparent, caretaker of a child on WIC	14	72	5
The mom of a child on WIC	74	16	1
I am 18 years or younger	15	70	6

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	25	22	39	5
Getting children to eat healthy foods	10	7	72	2
Quick healthy meals	9	5	74	3
Eating a healthy diet after pregnancy	21	9	57	4
Saving money at the grocery store	9	7	71	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	11	35	40	5
Discussion only	16	49	19	7
Food demonstration/taste test	17	28	37	9
On the internet	33	30	20	8
Reading on my own	9	35	40	7
Learning activities	10	21	54	6

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 073

4. What is the highest level of school you completed?	Total
6th grade or less	3
7th to 9th grade	15
10th to 12th grade	21
High School graduate	26
Some College / Current Student	20
College Graduate	5
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	33	54	4
A video game console (X-box, Playstation, Game Cube, Nintendo)	46	41	4
Cable TV	62	27	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	13
2 times a week	7
3 times a week	15
4 or more times a week	29
No response	27

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	20	16	47	8
Exercise during of after pregnancy	27	14	40	10
Stretching	15	21	45	10
Exercising more myself	13	10	59	9
Getting my children to exercise more	19	21	43	8
Back health	16	17	50	8

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 073

ENGLISH

What how kids change when they are toddlers.

What is best to feed your 1yr old when not at home

not at this time

no

SPANISH

Hablar de las vitaminas que tienen las frutas y para a ayuda. Por ejem. Zanahoria-tiene vitamina x y ayuda a esto

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 076

Total Responses: 164

1. Check one that describes you:	Yes	No	N/R
Pregnant	42	87	35
A parent/caretaker of a baby under 6 months	63	72	29
A parent/caretaker of a baby 6 months to 1 year	40	88	36
Breastfeeding (at least 1 time in 24 hours)	42	85	37
A parent/caretaker of a child over 1 year old	81	47	36
The dad, grandparent, caretaker of a child on WIC	15	98	51
The mom of a child on WIC	116	24	24
I am 18 years or younger	26	94	44

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	61	47	43	13
Getting children to eat healthy foods	21	19	117	7
Quick healthy meals	14	20	125	5
Eating a healthy diet after pregnancy	38	26	90	10
Saving money at the grocery store	19	23	115	7

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	26	54	82	2
Discussion only	58	72	21	13
Food demonstration/taste test	34	48	71	11
On the internet	59	46	44	15
Reading on my own	26	63	65	10
Learning activities	27	58	70	9

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 076

4. What is the highest level of school you completed?	Total
6th grade or less	5
7th to 9th grade	25
10th to 12th grade	39
High School graduate	61
Some College / Current Student	26
College Graduate	7
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	71	84	9
A video game console (X-box, Playstation, Game Cube, Nintendo)	83	69	12
Cable TV	129	31	4

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	9
2 times a week	17
3 times a week	28
4 or more times a week	58
No response	52

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	44	44	71	5
Exercise during of after pregnancy	46	36	75	7
Stretching	46	49	55	14
Exercising more myself	26	40	87	11
Getting my children to exercise more	41	54	60	9
Back health	52	55	46	11

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 076

ENGLISH

Eating a health diet while pregnant

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 077

Total Responses: 156

1. Check one that describes you:	Yes	No	N/R
Pregnant	41	105	10
A parent/caretaker of a baby under 6 months	59	85	12
A parent/caretaker of a baby 6 months to 1 year	51	94	11
Breastfeeding (at least 1 time in 24 hours)	30	112	14
A parent/caretaker of a child over 1 year old	91	52	13
The dad, grandparent, caretaker of a child on WIC	33	106	17
The mom of a child on WIC	126	24	6
I am 18 years or younger	35	110	11

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	57	39	55	5
Getting children to eat healthy foods	34	25	93	4
Quick healthy meals	24	27	100	5
Eating a healthy diet after pregnancy	48	27	76	5
Saving money at the grocery store	31	27	92	6

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	30	60	60	6
Discussion only	54	64	30	8
Food demonstration/taste test	39	55	56	6
On the internet	64	38	45	9
Reading on my own	28	50	71	7
Learning activities	19	46	85	6

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 077

4. What is the highest level of school you completed?	Total
6th grade or less	10
7th to 9th grade	21
10th to 12th grade	43
High School graduate	35
Some College / Current Student	32
College Graduate	12
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	62	87	7
A video game console (X-box, Playstation, Game Cube, Nintendo)	62	83	11
Cable TV	104	44	8

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	12
2 times a week	21
3 times a week	24
4 or more times a week	57
No response	42

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	54	31	68	3
Exercise during of after pregnancy	50	23	79	4
Stretching	43	38	67	8
Exercising more myself	41	29	82	4
Getting my children to exercise more	43	37	70	6
Back health	45	31	76	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 077

ENGLISH

feeding of the baby under 1 y.o.

3

Eating healthy during pregnancy

SPANISH

problemas comunes de un bebe menor de 2 anos.